Carnitas Filling

Rated: *****

Submitted By:

JIMMYDEAN4

Prep Time: 20 Minutes Cook Time: 2 Ready In: 2 Hours 20 Minutes Servings: 6

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"Pork shoulder is simmered with Mexican spices to make this shredded filling for tacos, tamales, or burritos."

Hours

INGREDIENTS:

1 pound boneless pork	1 tomato, chopped
shoulder	1 tablespoon chili powder
1 clove garlic, crushed	1 teaspoon salt
1 onion, cut into 4 wedges	1/4 teaspoon cumin
1 carrot, peeled and cut into 1	1/4 teaspoon dried oregano
inch pieces	1/4 teaspoon pepper
1 celery, cut into 1 inch pieces	1 bay leaf

DIRECTIONS:

 Place pork, garlic, onion, carrot, celery, and tomato in a saucepan. Season with chili powder, salt, cumin, oregano, pepper, and bay leaf; add enough water to cover. Bring to a boil, then reduce to a simmer. Cover and simmer until pork is tender, about two hours. Cool and shred. Use in tacos or tamales.

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