Save

## Best Beef Stroganoff

## Rated:★★★★★

SPEECHTEACHER

Prep Time: 15 Minutes Cook Time: 30 Minutes Ready In: 45 Minutes Servings: 8

allrecipes [com\*

"Thin strips of beef are cooked in a creamy sauce and served over noodles."

## **INGREDIENTS:**

1 (16 ounce) package egg consomme noodles 1/4 cup Burgundy wine 2 tablespoons butter, softened (optional) 2 onions, finely chopped 3 tablespoons lemon juice 2 cloves garlic, minced 2 tablespoons all-purpose flour 1 (8 ounce) package fresh 2 tablespoons cold water, or mushrooms, thinly sliced as needed 1 pound beef loin steak, cut 1 (8 ounce) container sour into thin strips cream 1 (14 ounce) can beef

## DIRECTIONS:

- 1. Bring a large pot of lightly salted water to a boil. Add noodles and cook 5 to 7 minutes or until al dente; drain.
- 2. Melt butter in a large saucepan over medium-high heat. Stir in onions and garlic, and cook until slightly tender. Mix in mushrooms, and continue cooking 2 minutes. Place steak strips in saucepan and cook about 1 minute. Mix in consomme, Burgundy and lemon juice. Bring to a boil.
- 3. In a small bowl, thoroughly blend flour with cold water until smooth. Reduce saucepan heat to low. While stirring constantly, slowly pour flour mixture into saucepan. Gradually return to boil while stirring rapidly, until sauce is thick and smooth. Cover saucepan and continue cooking 5 minutes, stirring occasionally. Remove from heat, let cool slightly and stir in sour cream. Serve over cooked egg noodles.

ALL RIGHTS RESERVED © 2013 Allrecipes.com

Printed from Allrecipes.com 4/21/2013

Time on Dinner Makes planning easy. -- Angela Sackett

