Marty's Thai Chicken Satay

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Rated: ★★★★★

Submitted By: ThaiChefMarty Prep Time: 20 Minutes Cook Time:

10 Minutes

Ready In: 1 Hour 30 Minutes Servings: 8

"Tamarind paste and fresh lemon grass add a surprising twist to this Thai chicken satay."

INGREDIENTS:

- 2 tablespoons vegetable oil
- 2 tablespoons soy sauce
- 2 teaspoons tamarind paste
- 1 stalk lemon grass, chopped
- 2 cloves garlic, crushed
- 1 teaspoon ground cumin
- 1 teaspoon ground coriander
- 1 tablespoon lime juice
- 1 teaspoon muscovado sugar
- 1/2 teaspoon chili powder
- 2 pounds skinless, boneless chicken breast, cut into strips

20 wooden skewers, soaked in water for 30 minutes

- 2 tablespoons crunchy peanut butter
- 2 tablespoons chopped peanuts
- 1 (14 ounce) can coconut milk
- 2 teaspoons red Thai curry paste
- 1 tablespoon fish sauce
- 1 teaspoon tomato paste
- 1 tablespoon brown sugar

DIRECTIONS:

- 1. Place vegetable oil, soy sauce, tamarind paste, lemon grass, garlic, cumin, coriander, lime juice, muscovado sugar, and chili powder in a blender and process to a smooth paste. In a large bowl, or a large resealable plastic bag, toss chicken strips with marinade. Refrigerate for 1 hour.
- 2. Preheat an outdoor grill for medium-high heat, and lightly oil the grate.
- 3. In a small saucepan, combine peanut butter, peanuts, coconut milk, curry paste, fish sauce, tomato paste, and brown sugar. Cook and stir over medium-low heat until smooth. Keep warm.
- 4. Thread chicken onto skewers. Grill until no longer pink in the center, 3 to 5 minutes on each side. Serve with peanut sauce.

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